
Guidelines for Providing TMS During COVID-19

- ✓ Masks required for both patients and staff.
- ✓ Technicians review screening questions (see next page) before patients arrive for their appointment and contact the doctor if any answers are positive to determine whether they can attend.
- ✓ Social distancing (6 ft.) is delineated and adhered to in all common areas.
- ✓ The technician stays 6 ft away during the session, sitting away from the patient to avoid any direct face-to-face with the patient.
- ✓ Cleaning all contact surfaces with 80% alcohol between patients. Touch-free environment maintained as much as possible (doors propped open, no waiting in waiting room).
- ✓ Anyone with symptoms needs to be symptom-free for 24 hours and cleared by physician before coming into the clinic.
- ✓ Appointments are staggered such that no more than one patient is in the building at any time and adequate time is left for cleaning in-between.
- ✓ All initial consults and follow up doctor office visits (non-TMS) are telehealth.

Minimized contact and optimized sanitization by:

- a. Requesting patients to come to their appointment *alone*.
- b. Requesting patients to depart immediately after treatment.
- c. Ask patients to leave all water bottles, drinks, extra bags in the waiting room if necessary, and transport as few items with them to the appointment as possible.
- d. All patient questionnaires and rating scales are handled online.
- e. If two appointments are scheduled close together by necessity, will notify second patient and request that they wait for a confirmation text before entering the building.

Patient – Pre-screening:

- a. Arriving patients are met at the door by the TMS technician who wears fresh gloves and face masks.
- b. Patients must report their temperature and be wearing a face mask.
- c. Patient is asked screening questions each morning about own temperature, cough, and any potential exposures for themselves and for all with who they live.
- d. If all questions are negative, the patient is brought into the treatment room for TMS.
- e. If questions are positive or if the patient has a fever, the patient must report symptoms via email/phone at least 2-3 hours before treatment.
- f. While not a change in our procedure, we thoroughly decontaminate the room/chair/coil/desk between each patient. We take care that the patients do not touch door handles, light switches, and the like.

Staff: Screenings and extra precautions:

- a. Further reduced density by having staff who are not providing direct care to work from home.
- b. Arriving staff undergo the same health screenings and temperature checks as patients daily.
- c. They also wash hands and change to fresh gloves between each patient and will wear a mask during treatment.
- d. Staff will observe patient from a 6-ft distance during treatment.
- e. Technicians are furthermore advised to change into at home clothing on arrival at home and to change shoes and clothing before entering their homes.